

# THE SMOOTHIE "N" SHAKE BAR

## SMOOTHIES

**\$8 Each Incl. Smoothie of The Moment, Check Board for Details**

- »THE GOODLIFE – Blueberry, Banana, Frozen Yoghurt, Honey & choice of Milk
- » BERRYLICIOUS – Mixed Berries, Maple Syrup, Vanilla protein, choice of Milk
- »PINE-MANGO CRUSH – Mango, Pineapple, Tropical Juice, Ice
- »PB PROTEIN W BANANA + CHOCOLATE – Peanut Butter, Vanilla Protein, Banana, Almond Milk & Chocolate
- »SUPER GREENS – Spinach, Banana, Mango, Super greens Booster
- »SUMMER SUNRISE – Raspberry, Passionfruit, Mango & Tropical Juice
- »TROPICAL SPLICE – Peach, Banana, Frozen Yoghurt, Tropical Juice, Ice

## FRAPPES ON O'CONNELL

**\$8 EACH**

MILO FRAPPÉ – Milo, Cadbury Choc, Vanilla Soft Serve, Milk & Ice

NUTELLA FRAPPÉ – Nutella, Vanilla Soft Serve, Milk & Ice

NUTELLA HEART FRAPPÉ – Nutella, Strawberry Syrup, Vanilla Soft Serve, Milk & Ice

MOCHELA FRAPPÉ – Nutella, Espresso, Vanilla Soft Serve, Milk & Ice

COFFEE FRAPPÉ – Espresso, Vanilla Syrup, Vanilla Soft Serve, Milk & Ice

## MILKSHAKES & THICKSHAKES

**MILKSHAKES \$6.5 || THICKSHAKES \$7 || KIDS SHAKES \$5.5**

MALT - +50c

CHOCOLATE

CARAMEL

VANILLA

LIME

STRAWBERRY

BANANA

## ICED DRINKS

**\$7 EACH - All served with Ice, Soft Serve, Milk & Whipped Cream**

ICED COFFEE – Triple Espresso

ICED MOCHA – Double Espresso & Cadbury's Chocolate

ICED CHOC – Cadbury's Chocolate

ICED CHAI – Cinnamon & Sugar Chai Syrup

## VANILLA SOFT SERVE & ADD ON'S

KIDS CONE \$2

TOPPINGS 50c EACH – Sprinkles, Cottees Syrups, Milo

SOFT SERVE CUP \$3

SOY, ALMOND, OAT OR ZYMILL MILK EXTRA 50c

CHOC WAFFLE CONES \$4

SMOOTHIE / SHAKE ADD-INS \$2 ea – Nutella, Peanut Butter, Espresso, Super greens or Vanilla Pea Protein